Rainbow Ramblings

Rainbow Beach State School
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School Hours: 8.30am to 2.30pm Office Hours: 8.00am to 2:30pm Monday to Friday

If you would like your newsletter emailed home please send an email to tlidb1@eq.edu.au

28 July 2009

To the parents and members of the Rainbow Beach State School community,

Athletics News
Congratulations to the following students:-

- Samantha Montgomery - 2nd in 10yrs Girls Shot Put;
- Josey Van Oirschot - 3rd in 11yrs Girls Long Jump;
- Celeste Jeffers - 1st in 11yrs Girls Shot Put; and
- Jackson Raleigh - multiple placings in the AWD division.

These students have gained selection in the Gympie Zone Athletics team to compete in Kingaroy in late August. I would like to wish these students al the best in the upcoming competition.

Fuel Hazard Reduction Burn
The most recent information still indicates that the hazard reduction burn on the block bounded by Carlo Road and Karoonda Drive (adjacent to the industrial estate) will occur approximately at 11 am on Wednesday.

The school will remain open during the fuel hazard reduction burn, however any parent wishing to collect their child/ren early is encouraged to use their own discretion.

Teacher Strike
The latest information is that all members of the Queensland Teachers' Union employed by the Department of Education and Training will stop work for a period of 24 hours on Wednesday, 5th August 2009.

Jewellery
A number of students are wearing inappropriate items for school. The only items of jewellery to be worn at school are watches, sleepers or stud ear rings and one friendship ring. Any other item of jewellery worn at school will be kept at the office for parents to collect after school.

Illness
As we continue to move through 'flu season' I thought it might be valuable to provide parents with information on the topic **"What should I do if my child develops flu like symptoms?"**

- Keep your child at home and limit contact with others until your child is well. Your child may return to school and other activities when they are completely well, or when at least 24 hours have passed since their fever has resolved, whichever is the longer.
- Mild flu like symptoms in those at low risk generally can be treated at home with simple measures including fluids, rest and paracetamol to reduce fevers.
- Seek medical advice or contact 13 HEALTH (13 43 25 84) if symptoms are not relieved or worsen.
- Seek medical advice if your child is in a vulnerable group or has other underlying medical conditions. Antiviral treatment may be indicated and should be commenced as early as practicable and within the first 48 hours of illness.
- If your child's illness is moderate or severe, treatment is likely to be indicated and your child should be seen by a doctor.
- Please call ahead if seeing a doctor, advising of your child's symptoms.
- Ensure your child and those around them practice good hand hygiene, cover their nose and mouth when they cough and sneeze, and dispose of tissues promptly.

This information is taken from the Queensland Health website (accessed 27/07/2009) http://www.health.qld.gov.au

With the assistance of all families we may be able to reduce the number of cases where students are infected by this common illness.

Cheers
Chris Allom

P&C NEWS

P&C MEETING TUESDAY 4 AUGUST 5.00pm at Sport & Rec Club

Please note the different day and venue - Come along and have your say about your school.

RAINBOW BEACH FISHING COMP – Congratulations to all the winners! The amount raised from our meat tray raffles on Thursday night was $591.35 and our big raffle raised $657.85. Congratulations to Steven Andreasson (1st prize of fishing charter) and Dan McConnell (2nd prize of painting) – Mr Andreasson kindly swapped prizes with Mr McConnell.

SCHOOL CAMP - Next year, 2010, the school is looking into taking the students from grades 5, 6 and 7 on a camp to Canberra and Sydney. This will obviously be a huge venture and will take a lot of organising, without your support it probably won't happen. We are looking at getting a group of parents together to help co-ordinate this. If you are interested in getting involved please contact Debbie O'Brien on 0409 528612(during the day) or 5486 8029 (after 4pm).

TUCKSHOP NEWS
Wednesday 29 July: Helper – Danielle Wright; Bakers – Sheree Betteridge, Erin Johnson.
Wednesday 5 Aug: Helper – Carmen Speed; Bakers – Sarah Brantz, Michelle Gilmore.

BOOK CLUB – Book Club brochures have been sent home. Orders, along with correct payment must be returned to the office tomorrow, Wednesday 29th July.

SCHOOL BANKING – School banking is held at the school every Thursday. School banking is a great way to teach young children the importance of regular saving. If you would like to open a school bank account for your child, please contact the office. If you already have a school bank account for your child, imagine what they could buy if they saved just $2 a week, start saving now and bring the bankbooks into the office on Thursday mornings.

ACTIVE AFTER SCHOOL PROGRAM - Touch football skills and games are being offered to any students in year 4-7 on Friday afternoons for 7 weeks. It will commence at 2.35pm and finish 3.35pm on the school oval. This is part of the AASC program, which is a Government incentive to encourage kids to be active after school.

I would appreciate any parents who would like to help or join in. Thank you.
Dan Stanieg

FREE MUSTER PASS (Muster starts Friday 28 August)
Gympie East State School runs a Bush Kitchen at the Muster and if you would like to do a shift or two in exchange for a free pass to the Muster we would love to have your company. If you would like more info please ring our Muster Convenor Jules Delgado 0401 199 476 or the school 5487 7111.

James Nash High School Yr 7 Transition Program
At James Nash we appreciate the importance of choosing the right school for your child's secondary education. We wish to provide all prospective students and parents with the opportunity to see what James Nash has to offer. Below are our important dates to remember. We also have an informative website which displays important information and many other aspects of our school life. You are most welcome to call in and pick up an enrolment package and with a prior appointment, you can even tour our wonderful campus. Please don't hesitate to contact us on 5480 6333 if you have any queries.

5-9 October 2009 – Visits to primary schools. Enrolment packages handed out to students.
14 October 2009 – Year 7 Parent Evening
16 October 2009 – Enrolments forms for all class groups due.
16 October 2009 – Enrolments due for Extension Plus.
11 & 12 November 2009 – Extension Plus Interviews.
7 & 8 December 2009 – Yr 7 Students orientation day at James Nash
7 & 8 December 2009 – Uniform selling day 9:00am – 1:00pm
22 & 25 January 2010 - Uniform selling day 9:00am – 1:00pm (student free days)
Visit our website - www.jamesnashshs.eq.edu.au

JAMES NASH STATE HIGH SCHOOL presents **"ROCKIN' ROBIN"**
Venue: Performing Arts Auditorium, James Nash State High School, Myall St, Gympie
Tickets: Adult $15, Student $10, Family $46, Additional children $9
When: Thurs 30 July – 7pm, Fri 31 July – 7pm, Sat 1 Aug – 1pm & 7pm
Bookings: 5480 6333

Fundraising Trivia Nights every Tuesday in aid of **CAMP QUALITY** – held at the Jockey Club Hotel, Southside. $8.00p/p includes Trivia, Pizza, Dessert, Raffles and Games. Starts 7pm sharp – approx 9pm. Tables of 2-10 so bring some friends or family and book on 5482 1270 for a fun night out.

SAVE YOUR SANITY – Proactive Strategies for Challenging Children – **WORKSHOP –** Wed 9 September 2009, Gympie Central State School, Lawrence St, Gympie. Cost - $175.00. For more information contact Amanda Ericson on 4155 5216 or email aeric8@eq.edu.au. Registration forms are also available at the office.

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'Happy Healthy Parenting Expo for Mums & Dads'
Friday September 11th at 10am to 6pm at the Gympie Civic Centre
Unite together to assist parents & carers in the challenging task of rearing children within our region.

- Parenting Workshops for Mums & Dads, celebrate the joy of parenting.
- Mounted interactive displays; discover what services Gympie has to offer.
- Children's Activities; discover the wide range of activities available here in Gympie.
- Parents Pampering Sessions; take time out to look after yourself
- Food stalls

For more info or to register, contact: Tandy Cassidy 5480 3400, Barb Yule 5482 9012, Renee Harris 5482 7429
www.gympieservices.com

LADIES PINK DAY LUNCHEON
Where: Waterview Bistro
When: Friday 30 October
Time: 11:30am – 3:00pm
Cost: $20.00 p.p.
Please book early as numbers are limited. Phone 5486 8344.

Dates to Remember

Thursday 6 August	**Gympie Eisteddfod**
Wednesday 12 August	**School Photos**
Monday 17 – Monday 24 August	**Book Fair**
Friday 28 August	**Muster Pupil free day**

Giveaway to loving homes - Guinea pig babies – 6 weeks old – Phone Denise: 5486 3706

For Sale - One Single bed frame (no mattress). Has small dolls house at bed head. Very good condition. $60.00. See Dan or Christine Stanieg.