Rainbow Ramblings

Rainbow Beach State School
Warooga Road, Rainbow Beach Q 4581
Ph: 07-54 863 256 Fax: 07-54 863 468
Email: admin@rainbeacss.eq.edu.au
www.rainbeacss.eq.edu.au

School Hours: 8.30am to 2.30pm Office Hours: 8.00am to 2:30pm Monday to Friday

If you would like your newsletter emailed home please send an email to tlidb1@eq.edu.au

22 July 2008

Dear Parents/Caregivers,

Fishing Day
I had a couple of special meetings to attend on Monday so I was not able to spend the whole time on the beach, but when I arrived everyone looked like they had a good time. It was so good to see so many families enjoying the beach – even if the fish were scarce. Thanks to everyone who helped make it a good day for our kids, with a special thanks to Mrs Hempenstall. Once again thanks to The Club and Shelly, Leanne, Leroy and Ricky for supporting the kids at the Classic.

Fishing Classic
Thanks to all the parents who have so far helped with ticket selling. We really need a big push, selling the raffle tickets through the week. Please return your books. Please also contact Kathy McFarlane or Sandy if you can volunteer some time to sell the raffle tickets through the week. The prizes are great and people are happy to be buying them.
We also need sellers for Thursday night and Saturday night. The seafood and meat tray tickets are quick sellers and we saw some enthusiastic sellers on Sunday night. Please get your name on the roster for both ticket selling ventures.

Athletics
Several of our students competed in day 1 of the inter-school athletics carnival last Friday. There were good results and some of our students look like they may have the opportunity to compete at Wide Bay level. All reports indicate the students competed to a high standard, proudly represented their school and enjoyed themselves. We wish them well for Day 2 to be held on Tuesday, 29th July.

Uniform Shop
We are in need of someone to sell uniforms one morning a week from 8:00am – 8:30am. You do not need to do any ordering, just selling. If you can help please contact the school office.

Regards

Dianne Neumann
(Principal)

CHOIR PRACTICE
Choir practice will be held on Wednesday afternoons from 2:45pm – 3:45pm.
The Eisteddfod is being held in the first week of August so it is essential that **ALL** choir members attend these practices.
Thank you
Cherie Mason

Shoes
Choir members need to ensure that they wear black shoes for the Eisteddfod. If you have any black shoes, any size that you can lend or donate to the choir please contact the office. If choir members need to borrow black shoes please contact the office.

Dates to Remember

Friday 22 August	***Muster Pupil free day***
Thursday 28 August	***Drama workshop***
Saturday 30 August	***Chinese Bush Bash***
Thursday 04 September	***Raw Art***
Friday 05 September	***Blue Light Disco***
Monday15, Tuesday 16 September	***Life Education Van***
Thursday 18 September	***Cricket demonstration***

P&C NEWS

RAINBOW BEACH FISHING CLASSIC RAFFLE
Please return sold tickets to the school no later than Friday 25 July. Raffle will be drawn at the Fishing Comp on Saturday 26 July.
1st Prize – Rainbow Ocean Palms Resort accommodation
2nd Prize – Mega Wheelbarrow with groceries
3rd Prize – Fishing rod, tackle box and backpack
Tickets are $1.00 each.

Parents put their neighbourhood to the activity test!
We know that physical activity is important in the school environment, including PE classes, play time activities and extracurricular sports. But what physical activity options exist for children when they leave the school gates? How activity friendly is your local community?
An activity friendly community improves the health of parents and children by providing environmental infrastructure that encourages participation in physical activity such as walking, cycling and other active pursuits. It also incorporates aesthetically pleasing landscaping and urban design, such as adequate shade, rest areas and drinking water facilities.
In July, advocacy group The Parents Jury launched its online Activity Friendly Communities campaign at www.parentsjury.org.au. The campaign encourages parents to take a look at their local neighbourhood and become advocates for improved physical activity environments on behalf of their children.
The campaign kit includes an online Active Community Checklist that parents can use to assess their community's recreation and leisure facilities, as well as resources like weblinks, letter templates and advocacy tips to assist parents in creating positive changes in their neighbourhood.
Children and adults are more likely to spend time outside being physically active if their local environment has been thoughtfully created to encourage active living and outdoor pursuits. Research has found that families living in suburbs with better amenities in their public open spaces such as walking and cycling paths, shady areas, toilets and picnic tables are more likely to participate in physical activity, resulting in an overall increased sense of wellbeing and better health.
An activity friendly community:

- Provides on road and off road walking paths and cycling tracks
- Prioritises the needs of pedestrians by providing appropriate crossings and traffic speed deterrents
- Is aesthetically pleasing with trees, plants, grassy spaces and plenty of shady areas
- Encourages children to play by providing modern interesting play equipment for all ages and abilities
- Has a variety of sporting facilities that appeal to a broad interest range
- Promotes the use of active transport to school
- Encourages responsible dog ownership with plenty of appropriate on-leash and off-leash areas

To get involved with The Parents Jury's Activity Friendly Communities campaign, visit www.parentsjury.org.au, or email The Parents Jury at enquiries@parentsjury.org.au.